

PLEASE ENSURE THAT YOU FILL OUT THE COLLECTION DETAILS ON THE NEXT PAGE, AFTER COLLECTION/BEFORE DELIVERY



INSTRUCTIONS FOR COLLECTION OF TODDLER URINE SAMPLE

Please assist us to obtain a urine sample from your baby, as per the following instructions. Please note these instructions are different from those we give for getting urine samples from babies.

Equipment Required:

- Yellow capped specimen jar (included in pack)
 - Foil tray (included in pack) & potty
- OR** Bath
OR White cotton wool balls & pull-up nappy (included in pack)

Toddlers who use a potty or are learning to use a potty (FOIL TRAY):

1. Open out the foil tray and insert it into your child's potty. We need the foil lining because we don't want the chemicals that you use to clean the potty mixing with the urine. It may need some moulding to fit snugly. You could also line the bowl of the potty with a sheet of aluminum foil. **If the foil tray is ripped or has any sharp edges please do not use it, we can send a replacement.**
2. After your child has had a wee in the potty, pour it into the yellow topped specimen container. This can be messy so do it over a sink. Don't worry, baby urine is sterile!
3. Write the time and date on the slip below to include with specimen.
4. You're done! Thanks!

NOTE: If you have just started toilet training, or just want to give it a shot, remember to keep your child in loose clothes or nude from the waist down (no nappies!), roll fancy rugs out of the way or put sheets down, and keep a towel and the potty at hand at all times. For more information on toilet training we recommend the federal Raising Children Network website (http://raisingchildren.net.au/articles/toilet_training.html)

Toddlers who are not using a potty (CLEAN CATCH):

1. For most children, the best opportunity to catch a stream of urine is usually when they've just got into the bath. You may know of other times
2. Make sure that your child has had plenty to drink half an hour before the bath.
3. Start running a warm bath and check that you've got the temperature right.
4. Stand your child in the bath while you continue to run the taps. Have the specimen container ready.
5. Catch what you can!
6. After the bath, write the time and date on the slip below to include with specimen.
7. You're done! Thanks!

NOTE: Never leave a child unattended in a bath, even if you've only just started running it. A bath thermometer can help check that the bath stays at the correct temperature as you run it.

Alternate Procedure (COTTON BALLS):

If you have no luck with the above, you can try one of the techniques you used when your child was still an infant. We can send out a urine bag, or you can use cotton wool. In that instance please take the following steps:

1. Wash your hands thoroughly.
2. Put on the pull-on nappy, **inside out.**
3. Apply a two cotton balls to genital area.
4. Choose clothes that will be easy to wash, as a little urine is likely to leak, and don't wait more than an hour at a time between checking.
5. When your child has urinated, squeeze out cotton balls into the yellow topped container.
6. Write time and date on slip below to include with specimen.

NOTE: A cotton wool sample should be taken from a **wet nappy only.** Dirty/ poeey nappies will contaminate the specimen. Only small volumes of urine are expected this way.

TODDLER URINE SAMPLE

Childs Name: _____

Child/ Participant ID #: C | ___ | ___ | ___ | ___ |

Date of collection: ___ / ___ / ___

Time Collected: ___ : ___ am/pm

Method of collection (Please circle only):

* FOIL

* CLEAN CATCH

* COTTON BALLS

* OTHER

**PLEASE REFRIDGERATE THIS SAMPLE AFTER
COLLECTION**

**PLEASE DROP OFF YOUR SAMPLE AT THE PURPLE
COLLECTION BOX AT THE GEELONG HOSPITAL MAIN
ENTRANCE, BELLARINE STREET, BETWEEN 8AM - 4PM**

OR,

BRING IN TO YOUR APPOINTMENT.

Any problems call BIS - 0400 432 976. Thank you!

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INSTRUCTIONS FOR COLLECTION OF TODDLER STOOL SAMPLE

Please assist us to obtain a stool sample from your baby, as per the following instructions. Please note these instructions are similar to those we give for getting stool samples from babies, unless you have started toilet training.

Equipment Required:

- Brown capped specimen jar with scoop inside (included in pack)
- Foil tray (included in pack) & potty
- Plastic bio-hazard bag
- Ice pack

For toddlers who use a potty or are learning to use a potty (FOIL TRAY):

1. Open out the foil tray and insert it into your child's potty. We need the foil lining because we don't want the chemicals that you use to clean the potty mixing with the urine. It may need some moulding to fit snugly. You could also line the bowl of the potty with a sheet of aluminum foil. **If the foil tray is ripped or has any sharp edges please do not use it, we can send a replacement.**
2. After your child has had a poo in the potty, remove the lid from the brown topped specimen jar and scoop up a small amount (size of a twenty cent coin) and seal the jar.
3. Place sealed specimen jar in plastic hazard bag provided and immediately store in your freezer.
4. Write the time and date on the slip below to include with specimen.
5. You're done! Thanks!

Alternate Procedure – collection from the nappy:

Please take the following steps:

1. Wash your hands thoroughly.
2. Put on the pull-on nappy.
3. When your child has had a bowel action, remove lid from the brown topped specimen jar and scoop up a small amount of faeces (size of a twenty cent coin) then firmly screw the lid on the specimen jar.
4. Place sealed specimen jar in plastic hazard bag provided and immediately store in your freezer.
5. Write time and date on slip below to include with specimen.
6. Discard the rest of the faeces with the nappy in the usual way.

If you have any questions about the collection or delivery of samples please call a member of the BIS team on **0400 432 976** (Mon-Fri 8am to 4pm)

INSTRUCTIONS FOR PREPARING THE ICE PACK

When you get home:

- Put the ice pack (Envirofreeze ice replacement sachet) into a bowl or container
- pour ½ cup cold water onto it and soak the icepack till it fluffs up to approx. 2-3 cms in height.
- freeze it until you need it. Make sure that the soft side is face up in the freezer so it doesn't stick or tear.

TODDLER STOOL SAMPLE

Childs Name: _____

Child/Participant ID #: C|_|_|_|_|_|

Date of collection: ___/___/___

Time Collected: ___ : ___ am/pm

Specimen (Please circle only) ::

- FRESH – Refrigerate (if collected on day of review)
- FROZEN

**PLEASE DROP OFF YOUR SAMPLE AT THE PURPLE
COLLECTION BOX AT THE GEELONG HOSPITAL MAIN
ENTRANCE BELLARINE STREET, BETWEEN 8AM - 4PM**

OR,

BRING IN TO YOUR APPOINTMENT

Any problems call BIS - 0400 432 976. Thank you!